

# The Heart Beat

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## Ya Bettah Check Yo'self! by Tanya James



**E**ach day I ask God to help me be an example of Him and to be an influence in someone's life. I ask Him to remove from me all of the things I display that are not like Him. So often I have to 'check' myself or get 'checked' because I get caught up in the moment and sometimes I forget who I am supposed to be representing. God's Word says, "The heart is deceitful above all things, and desperately wicked: who can know it?" Jeremiah 17:9.

When we are motivated by the heart, our emotions get all out of control and we sometimes

do or say things that we soon regret. We need a cleansing of our hearts so that our lives will be in harmony with the purpose God ordained for us.

With that in mind, our theme for this issue is "Spring Cleaning: Out with the old, in with the new." So many of us hold on to unforgiveness, bitterness, back-biting (an old-school term for being a traitor), envy, jealousy, anger (hidden or outwardly displayed), manipulation, gossip, control, and any other character traits that tear down instead of building up. The sad part is that we don't even realize that we have these

bad traits and most times people won't tell us the truth about ourselves. The 'house' definitely needs to be cleaned out!

We should paint a Picture of who Jesus Christ is with our life. When someone comes around you, they should leave feeling as if they have been in the very presence of a loving God. If people leave your presence feeling wounded, broken-spirited, dejected, etc... something is wrong with your 'house' and you need some 'Spring Cleaning!'

I am speaking from experience. I am guilty! I asked my husband to do something for me and I needed it right away. He agreed to do it. On the day I needed it, he began working on an 'urgent' project, unbeknownst to me. All along I am thinking he was working on what I asked. When he picked me up, he began to tell me about his day. He was so excited! He told me about all of the obstacles that God helped him overcome. This was a project that he absolutely loved to do.

Inside, I was fuming. After all, he did not do what I asked him to do, so now what I had to do was not going to get done. I told him that I was upset. I felt like I was second to him helping someone else. This was not the first time I could not get done on time because of what I felt was his lack of doing what he was supposed to do.

*See 'Check Yo'self', continued on p.2*

*Create in me a  
clean heart,  
O God; and  
renew a  
right spirit  
within me.."*

*Psalms 51:10*



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## Check Yo'self! ...continued from p. 1

Immediately, he became silent. I knew he was upset. He didn't even apologize for disappointing me. After 10 minutes or so, we went back to normal talking as if the previous conversation never happened.

We went to bed and didn't mention the conversation again. It's funny how God speaks to you during the night when you are in a state of unconsciousness. The moment I woke up in the morning, I woke up my husband and immediately apologized to him for my insensitivity to his excitement. So what, he didn't do what I wanted this time (most of the time he does do it). It isn't the end of the world! He was not given to me to do my every bidding.

We are to share in each other's joys as well as each other's pains. Besides all of that, I don't always

do what God asks me to do. Gary was excited and I should have been excited with him!

The Lord has blessed me with a wonderful husband and I love him deeply. I ask God to clean me of 'junk' that needs to go to the 'dump' because that 'junk' does not need to be recycled or donated! And certainly is not welcomed in our home!

Think about your life.... Do you paint a picture of Jesus? When difficulties arise, do you still display the love of Jesus with your mouth, with your facial expressions and with your body language? I know what you are thinking - Some people don't deserve your kindness. They have

hurt you one time too many. But think about it, how many times have **YOU** hurt Jesus? He still forgives **YOU**! He still blesses **YOU**! He died for **YOU** just in case **YOU** would make the choice to live with Him eternally. He does not have a guarantee from us but still the door is wide open to **ANYONE** who will enter in.



Gary and Tanya James are the Ministry Directors for Renewed Hearts, Inc.



So keep in mind wherever you go - we are to paint a picture of Jesus to each person God allows to cross our paths. After all, He says, "How can you say you love Me who you cannot see, but you won't show love to those you see everyday?"

## Short Cutz..... Spring Cleaning... No, Really!

How many times have you told yourself that next spring you were going to clean out that closet, garage or some other area of the home or office? With Spring Break season upon us, now is a good time to get to it. After all, there are benefits to spring cleaning:

1. You will experience a sense of accomplishment that may inspire you to accomplish other tasks that you have been putting off.
2. Since most garage sales are in the spring and at the end of

summer, now would be a great time to make a little extra change from those looking for bargains. Remember... "One person's junk may be another person's treasure".

3. You may find that you have always had the extra space that you were looking for to do something nice around the house now that all the clutter is gone. Now you can have a home office or that get-away room that you have always longed for.
4. During these tough economic times, many are scaling back

financially. Pass on items that you don't need or are not using. This enables us to be good stewards as well as help those who may have a greater need. You could donate to thrift stores or, as mentioned above, have a garage sale. Everybody wins in the long run.

I know that getting started is the hard part, but I am sure that after you have finished, you will be glad that you did. Now go and get your spring cleaning done!



## Health: "If You Do That Now..." by an Anonymous Contributor

I have always wanted to make my own decisions but to my utter frustration I have always had a parent that sets limitations. Her favorite quote was and is to this day "If you do that now what will you have to look forward to?" I wanted to wear heels at thirteen but was not allowed to do so until 16 years of age. I wanted to cut my hair at sixteen but was not allowed to do so until 18 years of age; **Rules, Rules and more Rules.** I felt as though it was my body and I knew what was best for my body.

I felt as though it was time for my body to have sex, but was constantly bombarded with AYS Programs that gave reasons for why waiting is so important. "Who are they kidding" I thought, "It must be good otherwise they would not continually thwart my efforts to enter woman hood, right?" If the AYS Department was not enough I would go home only to hear my mother's never ending question, "If you do



that now what will you have to look forward to?"

If I had the proverbial crystal ball I would see that I could look forward to an unwanted pregnancy. I would have an abortion and be plagued with depression for years because I refused to acknowledge my sin and ask for forgiveness. I could see that a rift would develop in my relationship with my mother because I felt as though she would be disappointed and not understand.

I could look forward to becoming ill, but not with an STD. Due to having an allergic reaction to condoms, I would compromise my

immune system by taking antibiotics and have a chronic illness for which there is no cure.

If I had the proverbial crystal ball I could see that I could look forward to many broken relationships and pieces of me left behind with each guy that I gave myself to. I would see that I could look forward to allowing myself to be caught up in relationships that were bad for me, but not being able to let go because I have bonded myself to them.

I could see that I would be filled with so much hurt and pain but constantly searching for something, never knowing what, until I ask God to show me.

I would see that I could look forward to many nights crying and asking God to forgive me, to help me to let go, to find love, to live for Him, to do things in the order that He has set for me. If

I had the proverbial crystal ball...

... "If you have sex now what do you have to look forward to?"



## Family Secret

By Fredrick Zydek

*I was born into a family that did not know the meaning of its name and was embarrassed to admit the frailest bits of its own mysterious humanity.*

*They could close ranks around a secret so tightly all the thing could do was fester like a wound never given a chance to heal in the open air.*

*Rumors grew around such wounds like mold on old bread. Sometimes they became more interesting than the facts themselves. We were told*

*Not to notice and were not permitted to discuss it even among ourselves. Soon everything appeared white and as evasive as freshly fallen snow. Everything was lovely and untrue.*

*So, when the snow finally melted, we were left with landscapes we did not recognize as our own. Our history became a stranger who could not remember our names.*



## Quote of the Month

*"The warfare against self is the greatest battle that was ever fought. The yielding of self, surrendering all to the will of God, requires a struggle; but the soul must submit to God before it can be renewed in holiness."*

EGW

## Family First: Family Secrets by an Anonymous Contributor

In life we go through so many experiences; some are good and some are bad, but we should learn from all of them. I had an experience that I did not know how to move on from because it was so tragic for me, and one of the worst experiences of my life.

When I was 20 I gave birth to my first child, and I had no idea what I was doing being a first time mom and all. So I tried to do the best that I could to be the best mother that I knew how to be. I worked hard every day, and I continued to trust God and go to church.

At the time I had not discovered the reason why I was a Sabbath keeper, so I was going out and having premarital sex not realizing what it was doing to my body, mind, and soul. Oh yeah, did I mention that I had a baby at home that was just a few months old?

It was only a few months before I was to turn 21, and I was dating this guy who had just gotten out of a bad relationship. Out of that relationship he had a baby boy, so we were some what on the same page as far as taking care of our kids. We wind up hooking up, and how about I get pregnant right before I turn 21. The way that I realized I was pregnant, was that we were leaving my house and I felt sick. Before we got too far I asked him to pull over. As I opened up my car door I began to vomit, and I realized that it was snowing on my head. This was the very first day of spring in 1996. My daughter was four months old and his son was

about one year old. We sat down to talk about the matter and we went back and forth for a while before we decided to have an abortion.



A few weeks went by, and we went to the doctor to have the procedure done. To my dismay, the meds that they gave me did not put me to sleep.

That means I was awake the whole time they were aborting the baby. I could feel the pulling and the tugging when they inserted the tube into me, and then I heard a LOUD sound like a vacuum being turned on. I felt some pressure, and finally I saw them rolling this machine out of the room, and it was covered with a sheet. They make you come with someone because you are not suppose to drive with the meds that they give you, so he drove me home.

From that point until about four or five years later, I was troubled about that decision. I was really at a point where I fell down and could not pick up the pieces to my life. I was still going to church faithfully, not knowing what was missing, until one day a sermon was preached about forgiveness. He was speaking about forgiving others as well as forgiving yourself, and that is when the Holy Spirit spoke to me and said, "It's OK, I forgive you, let it go." Instantly, that dark gray cloud that followed me for so long turned into a burst of sunshine! That is when my burden was lifted and God cast all my sins into the sea



of forgetfulness. This was just one of the many blessed testimonies that I have to tell. I hope this article inspires some young lady to get back on track and keep it moving because Jesus is the one who forgives our sins and cleanses us from all unrighteousness. Amen!

## Inspiration

### Whiter Than Snow

By James Nicholson

*Lord Jesus, I long to be perfectly whole; I want Thee forever to live in my soul; Break down every idol, cast out every foe; Now wash me and I shall be whiter than snow.*

*Lord Jesus, look down from Thy throne in the skies, And help me to make a complete sacrifice; I give up myself, and whatever I know; Now wash me and I shall be whiter than snow.*

*Lord Jesus, for this I most humbly entreat; I wait, blessed Lord, at Thy crucified feet, By faith, for my cleansing; I see Thy blood flow; Now wash me and I shall be whiter than snow.*

*Lord Jesus, Thou seest I patiently wait; Come now, and within me a new heart create; To those who have sought Thee, Thou never said'st No; Now wash me and I shall be whiter than snow.*

*Whiter than snow, yes, whiter than snow; Now wash me and I shall be whiter than snow.*



## Maybe... by Unknown Author

*Maybe...* we were supposed to meet the wrong people before meeting the right one so that, when we finally meet the right person, we will know how to be grateful for that gift.



*Maybe...* it is true that we don't know what we have until we lose it, but it is also true that we don't know what we have been missing until it arrives.

after all, you can't go on successfully in life until you let go of your past mistakes, failures and heartaches.

*Maybe...* you should dream what you want to dream; go where you want to go, be what you want to be, because you have only one life and one chance to do all the things you dream of and want to do.

*Maybe...* when the door of happiness closes, another opens; but, often times, we look so long at the closed door that we don't even see the new one which has been opened for us.

*Maybe...* the happiest of people don't necessarily have the best of everything; they just make the most of everything that comes their way.

*Maybe...* the brightest future will always be based on a forgotten past;

*Maybe...* there are moments in life when you miss someone -- a parent, a spouse, a friend, a child -- so much that you just want to pick them from

*See 'Maybe', continued on p.9*

## "I Believe I'll Testify" by Cheryl Thomas of Covington, GA.

*Reflections that Spring Forth Into Life!!*

**W**e all know at least one person who will say or do anything to "try" and tear down our spirits. Some come to us in a cloak of false kindness so that they may appear to be as harmless as sheep. However their hearts are filled with evil intent. On the other hand, there are those who are very bold with their cruel words and cutting tongues; not caring to hide the malice in their hearts.

I have met people like this over the years and have wondered many times why they use cruelty to hurt other people without a cause. Yes, it's true; the old saying.....misery LOVES company. When a person is not happy with themselves, they usually tend to want to make others feel the same way. It's like

a mirroring affect. Let's pretend that YOU are the mirror....when a person looks into your life, they will have reflected back to them what they see. They should see the Fruit of the Spirit! Likewise, if the OTHER person is the mirror, what's in their life will be reflected back to you.

If jealousy, envy, strife, anger, or sin in general is in a person's heart then that spirit will try and REFLECT itself back to us in the form of negative words or actions. We must not allow the negative words and actions of others to determine who we are. This is why it's so important that we LOOK daily into the "Law of Liberty", which is the Word of God, so that it molds us into having Godlike characters and reminds us who we are. II Corinthians 3:18 says, "But we all, with open face beholding as in a glass the glory of the Lord, are changed into the same image from glory to glory, even as by the Spirit of the Lord". When we use

the Word of God as a mirror to be transformed into Christ's likeness; we have no need to accept any reflections that are contrary to His Word.

Likewise, when we allow the Word of God to be reflected out of us and onto others, we offer them the opportunity to see Christ who in turn offers a spring of life with no end.

Fortunately, I had the opportunity to experience God's grace in my life through this very situation. An immediate supervisor recently came to me and began to try and tear down my spirit. Of course her words were as smooth as butter coming out of her mouth. However, once her words hit my heart, they felt as

*See 'Testify', continued on p.9*



# A New Year's Prayer, by Elizabeth Havior - Preface by Karla Bliss

Earlier this year a friend of mine sent me an e-mail about the New Year. It talked about a new prayer for the year instead of the old resolutions that most never keep. What if we prayed a New Year's Prayer instead? What if we took the time next year to see how God worked in our lives through that prayer?

Speaking of spring cleaning; what better way to start your day, your week, your month, or your year, but with a prayer to God. What if we asked God to remove the old things out of our lives and replace them with Godly, spiritual things? Her e-mail blessed me, and I'm sure it will bless you too.

~ Karla

\*\*\*\*\*

It's a new year. What is on your heart? What would you like to accomplish? What would you like to change? Have you made any New Year's Resolutions?

One year ago, I gave up making New Year's Resolutions. I could never keep them. This year, instead of a resolution, I wrote a prayer. Throughout this year, I am watching and waiting as God works in my life and the lives of others through my simple prayer.

Today, I would like to pray for you. Below is the prayer that the Lord put on my heart. As you read it, I invite you to use it as a model. Sit with the Lord and ask Him to help you personalize this prayer for you.

Father in heaven, thank You that You are Sovereign. Thank You that You know each precious

person reading this prayer. You planned for them to meet You here today. You created their hearts. You know their every need, their deepest desires, and their open wounds. Lord, I ask that in this new year, You would fall afresh on them.

Father, You are Holy and call us to be Holy. Yet, we confess that so often our hearts wander from You, our speech does not glorify You, and our actions do not honor You. So often our hearts wait to receive the words Your sweet Spirit has to speak to us. Clothe us with humility. Take away our desire to always be right and have our own way. Help us to seek Your Word; allow it to penetrate those deep places in our hearts that resist change. If necessary, put us through the refiner's fire to burn off those things that keep us from walking in step with Your character.

Give us hearts that love and seek after Truth above all else. Give us wisdom and discernment to reject the lies of this world and the evil one. Guide us into all Truth. Guard our hearts and keep our eyes fixed on You. As we study Your Word, fill us and saturate us with You!

Today, Father, we surrender our thoughts, our speech, and our hearts. Thank You that You are Faithful and True. We trust You will do a mighty work in us and through us this year and carry it on to completion until the day we step into eternity with You. Help us to trust in You with all our hearts and lean not on our own understanding. Help us to acknowledge You in all our ways so that we can hear Your voice as You say,



"This is the way, walk in it."

Lord, we love You and thank You that You love us. May our lives be a living testimony of You. We ask this in the powerful and mighty name of Your Son, Jesus Christ our Lord who will do immeasurably more than we could ever ask or imagine. In Jesus' Name, Amen.



## Just a thought...

To make the changes you desire for your life, there are things you must decide to do in all situations and in all circumstances:

**Be Real!** If you are not willing to be real, than you will not change. You **MUST** be **REAL** and truthful about:

**Where YOU are spiritually and mentally.** You have to decide what is and is not working in your life!

**What YOU do that keeps YOU where YOU are.** What are the habits, beliefs and behaviors that keep you where you are?

**What YOU want.** You need to know what it is that you want for your life, even if it seems impossible.

**How YOU feel about YOU.** Are you satisfied with yourself and the direction your life is going in?

**What you are and are not willing to do.** Be clear about your choices and decisions.

**Intentions.** Know what you want, why you want it and how it will make your life, as well as those around you better.

**Commitments.** Be willing to do whatever it takes, however long it takes.

**Trust.** No matter where you are now or how far you need to go, you must believe without a doubt that with the help of God ALL things are possible.

*Excerpts taken from Living From Your Center, by Iyanla Vanzant. Paraphrased by Tanya James.*

## To Your Health..., submitted by Denise Coley

### Tofu Salad

#### Ingredients

1 lb. extra firm tofu  
1/4 green bell pepper, chopped  
1/4 red bell pepper, chopped  
1 green onion chopped  
1/3 cup mayonnaise  
1 t. minced onion  
1 stalk celery, minced  
1 T. nutritional yeast flakes  
2 t. chicken style seasoning  
1/2 t. ground cumin  
1/4 t. curry powder  
Cayenne pepper to taste  
Turmeric for color (pinch)

#### Instructions

1. Cut tofu into 8 pieces and place in colander to drain for at least 15 minutes. Squeeze out any excess water.
2. Crumble tofu into a bowl.
3. Add peppers and green onions to tofu.
4. Mix other ingredients with mayonnaise.
5. Stir mayonnaise mixture into tofu.
6. Chill before serving.

Serve with crackers, raw vegetables, or make sandwiches.



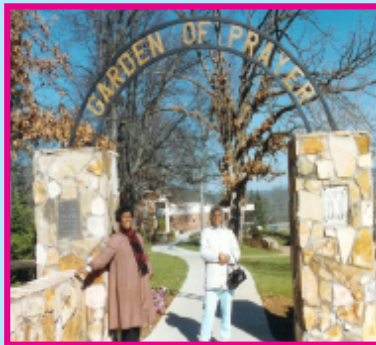
*"If you take care of your character, your reputation will take care of itself."*

*American Proverb*

## In Case You Didn't Know..., by Todde Y. Bliss, Sr.

### *A More Victorious Life in Jesus!*

**D**uring World War I and II, the government encouraged home and apartment owners to start a garden on their property to grow their own fruit, vegetables and herbs. The name of the garden was called "The Victory Garden" This program was started due to the shortage of food for the men and women fighting in the war. All food that was produced and processed was exclusively for to the war. It was a "morale booster" on the home front, in that gardeners could feel



empowered by their contribution of labor and rewarded for the produce grown. The process to clear the land of sticks, stones, and leveling out the land and the like was quite tedious, let alone keeping the weeds down while the vegetables grew. It was not an easy process back then with the limited resources and technology that were available to them at that time, but those who endured and stayed the course enjoyed a bountiful harvest.

Regardless of the hardship 20 million+ Americans took up the challenge and up to 40% of the nation's food was consumed nationally this way.

"In case you didn't know" we all have

an internal garden built into our hearts and minds. It's up to us to keep it well nourished with the word of God, watered with the Holy Spirit, get plenty of sunlight with the Son of God (Jesus) and keep it weed free from worldly influences through prayer. It brings to mind the Bible promise that says in Isaiah 51:3, "For the LORD shall comfort Zion: he will comfort all her waste places; and he will make her wilderness like Eden, and her desert like the garden of the LORD; joy and gladness shall be found therein, thanksgiving, and the voice of melody."

At times the garden of our hearts can be full of thorns when we have hatred for our family and friends. At times it can be overrun with crabgrass when self has a tight grip on our minds. At times there's such a thick

*See 'In Case', continued on p.9*

Atlanta Boulevard presents  
**Operation Total Recall  
 Harvest Fest '09**

**"No More  
 Holdin' Back!"**  
 April 24<sup>th</sup> - May 2<sup>nd</sup>, 2009

**Youth Explosion Weekend**  
 April 24th, 7pm  
 April 25th, 11am and 4pm  
 Mini-Concert, Drama Group, & "It's a Wrap"

**Harvest Fest Week**  
 April 26th to May 1st, 7pm nightly  
 Saturday, May 2nd, 11am and 4pm  
 Evening Concert featuring John Stoddart & local artists

240 Maynard Terrace SE, Atlanta, GA 30317. For more info, call 678-910-7852  
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**Operation Total Recall  
 Harvest Fest 09**  
 April 24<sup>th</sup> thru May 2<sup>nd</sup>  
 Featuring  
 Willie 'Ghetto Preacha' Ramos (Youth)  
 Gary James, Sr.  
 Nathaniel Hollis, Sr.  
 May 2nd concert featuring John Stoddart  
 nightly music by...  
 Latter Rain, Emmanuel Mass,  
 Erika James, and local guests.  
 at  
 Atlanta Boulevard Church  
 240 Maynard Terrace SE, Atlanta, GA 30317

**OPERATION TOTAL RECALL  
 YOUTH EXPLOSION**  
 Featuring  
 Willie 'Ghetto Preacha' Ramos  
 Friday, April 24<sup>th</sup> 7pm  
 Praise by Emmanuel Mass Choir  
 and  
 Saturday, April 25<sup>th</sup>  
 11 am & 4pm  
 Mini Concert and the true story  
 drama presentation "Everlasting Love"  
 at  
 Atlanta Boulevard Church  
 240 Maynard Terrace SE, Atlanta, GA 30317

Atlanta Boulevard presents  
**OPERATION TOTAL RECALL  
 YOUTH EXPLOSION**  
 APRIL 24TH - 25TH 2009

**I GOT A  
 NEW THANK!**

Friday, April 24th, 7pm  
 Saturday, April 25th  
 11am and 4pm

A Word from...  
**GHETTO PREACHA!**  
 Willie Ramos

A Praise Shout-out by...  
**EMMANUEL MASS CHOIR**

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## *In Case ...continued from p. 7*



foliage of doubt that we can't see past our pride, and at times the soil is depleted of its nutrients when we abuse every resource available to us. We as ordinary common people can gain the victory and keep

our lives in order by going to the (prayer) garden while the dew is still on the roses.

We must constantly de-clutter our minds and bodies by giving our (personal) garden to the Lord to look after and to nourish. Remember this scripture in Philippians 2:5 "Let this mind be in you, which was also in Christ Jesus."

*"All of the significant battles are waged within the self."*

*by Sheldon Kopp*



## *Testify, continued from p. 5*

painful as newly sharpened knives that were used to cut away any strength I possessed. It took around 24 hours before I decided to go to the Great Physician for healing. As the Lord was healing this fresh wound.... He gently reminded me not to accept everything that mirrors out of others. He also encouraged me to not change the love of God being mirrored out of my heart toward others.



## *Maybe..., continued from p. 5*

your dreams and hug them for real, so that once they are around you appreciate them more.

*Maybe...* the best kind of friend is the kind you can sit on a porch and swing with, never say a word, and then walk away feeling like it was the best conversation you have ever had.

*Maybe...* you should always try to put yourself in others' shoes. If you feel that something could hurt you, it probably will hurt the other person, too.

*Maybe...* you should do something nice for someone every single day, even if it is simply to leave them alone.

*Maybe...* giving someone all your love is never an assurance that they will love you back. Don't expect

love in return; just wait for it to grow in their heart; but, if it doesn't, be content that it grew in yours.

*Maybe...* happiness waits for all those who cry, all those who hurt, all those who have searched, and all those who have tried, for only they can appreciate the importance of all the people who have touched their lives in so many ways.

*Maybe...* you shouldn't go for looks; they can deceive; don't go for wealth; even that fades away. Go for someone who makes you smile, because it takes only a smile to make a dark day seem bright. Find the one that makes your heart smile.

*Maybe...* you should hope for enough happiness to make you sweet, enough trials to make you strong, enough sorrow to keep you human, and enough hope to make you happy.

*Maybe...* you should try to live your life to the fullest because when you were born, you were crying and everyone around you was smiling but when you die, you will be resting peacefully and everyone around you will be crying.

*Maybe...* you could share this message to those people who mean something to you, to those who have touched your life, to those who can and do make you smile when you really need it, to those who make you see the brighter side of things when you are really down, and to all those whom you want to know that you appreciate them and their friendship.

And if you don't, no need to worry; nothing bad will happen to you. You will just miss out on the opportunity to *maybe...* brighten someone's day.

## Prayer Requests

Please pray for this ministry. Renewed Hearts, Inc. is a 501(c)3 God-supported, non-profit organization. If you have a request, email us at: [prayers@renewedheartsinc.org](mailto:prayers@renewedheartsinc.org).

Please pray for the following families:  
(Initials are used for confidentiality reasons)

- R & T - Chemo
- NP - pregnancy
- TA - Chemo
- T & K - family
- CH - Pneumonia
- J & B - Housing

Also, please pray for:

- Our finances and the economy
- The jobless
- Our families
- Our Churches and Pastors
- Those who don't know God
- A grant writer - to help raise funds in order to provide needed services.
- A facility for this ministry

## Support

Renewed Hearts, Inc. is a 501(c)3 non-profit organization. We operate primarily on the funds from those whom God has divinely inspired to bless this ministry. We are not seeking riches or fame, for it is our desire to be used for the service of God giving all glory and honor to Him. We never want it to be said that we could not help someone, provide a service or minister in a church because of finances. Therefore, we believe, by faith, that God will supply all of our needs.

For these reasons we DO NOT charge any fees for this ministry. If you are so moved, we have several ways that you can support this ministry:

### 1. Use H&R Block to do your taxes.

You must be a new client. H&R Block will donate \$25 to our non-profit organization. (You must use our referral form. See our website for more information).



### 2. Become

a member of **S&K Gives Back**. Every purchase you make at any S&K Menswear location provides a donation of 5% of your purchase amount to a charity of your choice. Visit [www.sksgivingback.com/join.cfm](http://www.sksgivingback.com/join.cfm), select Charitable organization and type in Renewed Hearts.

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4. You may make a personal donation. Please visit [www.renewedheartsinc.org](http://www.renewedheartsinc.org) and click on donate or mail to: Renewed Hearts, Inc. P.O. Box 5474, Atlanta, GA 31107. All donations are tax-deductible.

*Thank you for your support of this ministry.*

*There are two ways of spreading light: to be the candle or the mirror that reflects it.*  
*Edith Wharton (1862 - 1937)*

## Support

Check out our website!

[www.renewedheartsinc.org](http://www.renewedheartsinc.org)

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If you would like to subscribe to The Heartbeat, please visit our website and click on **Happenings**. Thank you

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We are a 501(c)3 non-profit organization. If you would like to support us, please visit our website and click on **Donate** or you may send donations to the following address:

Renewed Hearts, Inc.  
P.O. Box 5474 Atlanta, GA 31107

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Thank you for your prayers and support of this ministry.

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If you would like to submit an article, a poem, or share a testimony, email:

[heartbeat@renewedheartsinc.org](mailto:heartbeat@renewedheartsinc.org)

All articles are subject to editing and may not be included in the current issue. However, it may be included in a later issue.

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